



Vaidyaratnam P.S. Varier's
ARYA VAIDYA SALA, KOTTAKKAL



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Medication Schedule

Patient Name : Mr Rochan Reddy
Patient Code : S-2311-805
Reg No. : S-2311-OP-2085
Reg.Type : OP
Sex : M
Age : 15

MS No. : EM23-105033 Date : 16/11/23
Dept. Name : General
Doctor : Dr. K V Sankaran
Type : General

Sl No.	Medicine	Instructions to Patient	Schedule	Duration
1	Sonitamritam Kashayam (15MI)	with 45ml warm water - Empty stomach	6:00AM	30 Days
2	Khadiradasakam Kashayam (15MI)	with 45ml warm water - Empty stomach	6:00PM	30 Days
3	Khadirarishtam (15MI) + Saribadyasavam (15MI)	After Lunch and Dinner	2:00PM, 9:00PM	30 Days
4	<i>Vidanga Churna</i> Agnideepthi Chooranam (Without S (5Gm))	At bed time	10:00PM	30 Days
5	Chemparuthyadi Kera Tailam (OMI)	For head		
6	Panchavalkadi Tailam (OMI) + Jeevanthyadi Yamakam (OMI)	For External application		
7	Snana Churnam (0Gm) + Vakapodi (0Gm)	make a paste with kanji vellam, and use for body wash instead of soap - For washing		

General Instruction to patient

*ADVISED ADMISSION @ AH&RC FOR 14 DAYS

Avoid red chilli, tamarind, pickles, oily, spicy and deep fried items, ice cold items and things which are difficult to digest in diet.
Green chilli, pepper, ginger, garlic, lemon, tomato, buttermilk and ghee can be used.

for *sd*

Dr. K V Sankaran
Dr. SUJITHA. S. NAIR,
MS (Ayu) PTRS.,
Reg. No: 22256

16/11/23
10:40am

PLEASE BRING THIS PRESCRIPTION WHEN YOU COME AGAIN